

The mission of the Parish of St. Mark & St. Paul is
to worship God,
to proclaim the Good News of Jesus Christ,
to serve the world for which Christ died,
to educate and nurture our community,
and welcome all.

Staff

The Rev. Robert C. Lamborn, D. Min., Rector, rector@stmarkstpaul.org
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Wyatt Poe, Organist/Choir Director, music@stmarkstpaul.org
Wendy Prothro Howard, Financial Assistant, finance@stmarkstpaul.org
Cara Kitzrow, Nursery Coordinator

Vestry:

| | |
|------------------------------------------------------------|---------------------------------------------------------|
| Chris Asmussen (‘28), <i>Jr. Warden</i> | Julia Bates (‘28), <i>Finance & Hildegard Guild</i> |
| Kathryn Bruce (‘27), <i>Evangelism & Communication</i> | John Gatta (‘26), <i>Sr. Warden</i> |
| Cheryl Lankhaar (‘27), <i>Parish Life</i> | Rachel Lynch (‘27), <i>UoS. & Comm. Relations</i> |
| Neil Patterson (‘26), <i>Christian Formation</i> | Mary Priestley (‘26), <i>CAC</i> |
| Paul Richaud (‘28), <i>Stewardship</i> | |

Andrea Sanders, *Clerk*
Beth Wiley, *Treasurer*

Parish of St. Mark & St. Paul
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P.O. Box 267
Sewanee TN 37375
931-598-5926,
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The Fourth Sunday after the Epiphany:

February 1, 2026

Welcome to this morning's service of worship!
Restrooms are available in Claiborne Parish House,
the building directly behind the church.

Nursery care is available during both services (more information on Announcement insert).

The Holy Eucharist, Rite II

Prelude

Hymn 390 (*blue book*): “Praise to the Lord, the almighty”

Lobe den Herren

Opening Acclamation and Collect for Purity

Prayer Book (*red*) page 355

Gloria in Excelsis: Hymnal S280

Robert Powell (b. 1932)

Collect of the Day (*insert*)

First Reading: Micah 6:1-8 (*insert*)

Psalms 15 (*Spoken at 8:30; sung at 11:00.*)



1 Lord, who may dwell | in your | tabernacle? *
who may abide upon your | holy | hill?
2 Whoever leads a blameless life and does | what is | right, *
who speaks the truth | from his | heart.
3 There is no guile upon his tongue;
he does no evil | to his | friend; *
he does not heap contempt u- | pon his | neighbor.
4 In his sight the wicked | is re- | jected, *
but he honors those who | fear the | Lord.
5 He has sworn to | do no | wrong *
and does not take | back his | word.
6 He does not give his money in | hope of | gain, *
nor does he take a bribe a- | gainst the | innocent.
+7 Whoever | does these | things *
shall never be | over - | thrown.

Second Reading: 1 Corinthians 1:18-31 *(insert)*
Sequence Hymn 656: “Blest are the pure in heart” *Franconia*
Gospel: Matthew 5:1-12 *(insert)*
Sermon The Rev. Kelly Ramer Moody
Renewal of Baptismal Vows page 292
Prayers of the People, Form V page 389
Confession of Sin Page 360
The Peace page 360
Announcements
Offertory Hymn 321: *(8:30)* “My God thy table now is spread” *Rockingham*
Offertory Anthem - *(11:00 am Adult Choir)* “The Beatitudes”
Richard Shephard (1949-2021)

Many crowns in heaven for you, dear one!
Blessed are the poor in spirit, for theirs is the kingdom of heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called sons of God.
Blessed are those who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

The Great Thanksgiving (Eucharistic Prayer 1 from *Enriching our Worship*) *green insert*

Presentation of Food for the Community Action Committee

V. The eyes of all wait upon you, O Lord;
R. And you give them their food in due season.
Let us pray (in unison): Almighty God, we offer this food in obedience to your command that we love our neighbors as ourselves, and that together we may know the fruits of faith, hope, and charity. Grant that as bodies are fed, so might spiritual hunger be satisfied as well through your Son Jesus Christ, who is the Bread of Life. AMEN.

Sanctus: S-129

The Lord’s Prayer (Contemporary)

| | |
|--------------------------------|---------------------------------|
| Our Father in heaven, | as we forgive those |
| hallowed be your Name, | who sin against us. |
| your kingdom come, | Save us from the time of trial, |
| your will be done, | and deliver us from evil. |
| on earth as in heaven. | For the kingdom, the power, |
| Give us today our daily bread. | and the glory are yours, |
| Forgive us our sins | now and for ever. Amen. |

At the Breaking of the Bread: Hymnal, S-155

At Communion:
All baptized Christians are welcome to receive Communion. Anyone may come forward to receive a blessing, indicated by crossing your arms across your chest. Gluten-free wafers are available; simply ask the priest. For the sake of public health, please drink from the chalice or decline it by crossing your arms across your chest.

Sending Forth of Eucharistic Visitors *(when needed)*
(in unison) In the name of this parish, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ’s body and blood. We who are many are one body, because we all share one bread, one cup.

Postcommunion Prayer *green insert*
Hymn 477: “All praise to thee for Thou, O King, divine” *Engelberg*

Blessing

Dismissal

Postlude

The flowers at the altar today are given to the greater Glory of God by Jay and Laurie Fisher in thanksgiving for their family.

Altar Guild — Robin Bates, Andrea Sanders

Bread Baker — Andrea Sanders

Tellers — Julia Bates, Jay Fiusher

Flowers — Ann Aitken

Coffee Hour — Amy & Neil Patterson

8:30 service

Vestry— Mary Priestley

Server— Drew Richaud

Chalice Bearer— Alec Moseley

Readers— Sue Moseley, Mary Priestley

Intercessor— Linda Lankewicz

Acolytes —

Usher(s) -- Mary Priestley

11:00 service

Julia Bates

Jaxon Rudder

Beth Wiley

Neil Patterson, Amy Patterson

Jay Fisher

Theo Leffler-Mitchell

Betty Barton & Jimmy Blythe

Anglican Cycle of Prayer: – The Church of England

Diocesan Cycle of Prayer: — Church of the Holy Spirit, Nashville

Prayer Requests: Brady Hall, Emily Hauze, Kim Heitzenrater, Phebe Hethcock, Mike Jones, Duane, Mike Mattei, Julian Price, Lane Price, Rick Reuhling, Leah Rhys, Isaiah Shelby, Rachel Suarez, Evelyn Taylor, Freddy Tucker, Polk Van Zandt, those harmed by winter weather, and those who are refugees or suffering the effects of war or violence.

Birthdays: Jeff Lynch, Hilary Bogert-Winkler, and Jay Fisher .

Eucharistic Prayer 1

(from Enriching our Worship 1)
For the Season after Epiphany, 2026

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. The following Preface may be used at any time. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing (say):

Celebrant and People [music in Hymnal S129]

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

The Celebrant continues

Blessed are you, gracious God, creator of the universe and giver of life.

You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation.

Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus.

Born into the human family, and dwelling among us, he revealed your glory.

Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us,

Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said:

“Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said:

“Drink this, all of you:

This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine.

By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ.

Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world.

Bring us into the everlasting heritage of your daughters and sons, that with [_____ and] all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.
AMEN.

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

At the Breaking of the Bread: music in Hymnal, S155

Postcommunion Prayer

**God of abundance,
you have fed us
with the bread of life and cup of salvation;
you have united us with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love
to the world
and continue for ever
in the risen life of Christ our Savior. Amen.**

Announcements

This Sunday the Holy Eucharist will be celebrated at 8:30 and 11am. The 11am service will be livestreamed on our Facebook page and remains available there.

Nursery Services: Infants and toddlers through three years old are invited to gather downstairs in Claiborne Hall. Cara Kitzrow and Diana Rung will be supervising the nursery.

Sunday Forum: This Sunday, Patrick Dean will talk about his book, *A Window to Heaven: The Daring First Ascent of Denali, America's Wild-est Peak*. The climb's protagonist was Episcopal priest and missionary Hudson Stuck, who graduated from Sewanee in 1892. The talk will be 9:45-10:45 in Kennerly Hall.

Dean has lived on the Mountain with his wife Susan since 1999. A native of Mississippi, he taught history and English and ran the Outing program at St. Andrew's-Sewanee School. Since 2012 has been executive director of the Mountain Goat Trail Alliance. He has an MA from the Sewanee seminary and is also the author of *Nature's Messenger*, a biography of 18th-century British artist, naturalist, and explorer Mark Catesby.

On February 8, Abby Colbert, Sewanee's Assistant Counsel for International Affairs, will speak on "Justice and Transforming the Immigration System."

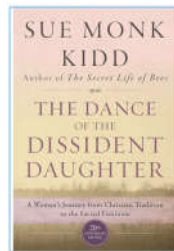
Sunday February 1 is CAC Pantry Sunday. This month CAC is in need of granola bars, ramen noodles, single serve macaroni & cheese, baby diapers (sizes 3,5,6) and toilet paper. CAC serves those in need with food and in other ways 9 to 11am, Monday through Friday. Please call 931-598-5927.

January/February Book Study: *The Dance of the Dissident Daughter*

Our first book of the new year will be *The Dance of the Dissident Daughter* by Sue Monk Kidd. Beth Wiley will lead the discussion.

Get your copy now, and join us Tuesday nights through Feb 10. (There will be no meeting on February 3). We will gather, as usual, around the table in Brooks Hall with finger foods and drinks, 5:30-6:30 pm.

The Sewanee chapter of the Society of the Companions of the Holy Cross will meet at 9:30 Saturday, February 14, for intercessory prayer, a program, and simple lunch (byo sandwich) at the home of Mary Blount. This year, the chapter is studying creativity and spirituality, using Julia Cameron's *The Artist's Way* as a guide. All Christian women are invited. Please see Susan Holmes susanbholmes54@gmail.com or Mary Priestley mpriestley0150@gmail.com for more information.



Mardi Gras: Come one come all and let the good times roll for a New Orleans themed celebration in Kennerly Hall on Tuesday, February 17 from 5:00 – 6:30pm. You won't want to miss the Fat Tuesday festivities and feast hosted by the Parish Life Krewe! Everyone and every age is welcome, so invite all your friends and neighbors!

The Krewe needs you! See the sign-up sheet in Kennerly for all of the ways you can help make this a night to remember. We have volunteer opportunities from cooking to cleaning to decorating and everything in between.

Ash Wednesday: The Holy Eucharist with Imposition of Ashes will be celebrated on Wednesday, February 18, at 12:15 and 5:30pm.

During Lent, Holy Eucharist will be celebrated every Thursday at 12:15pm in the church. Services will begin Thursday February 19.



The Flower Guild works behind the scenes each week to beautify our sanctuary. They are looking for volunteers who enjoy flower arranging or have a desire to learn. Please contact Betty Barton Blythe bbblythe43@gmail.com if you are interested or want to learn more.

Centering Prayer Group: Mondays at 7pm and Tuesdays at 2:30pm, both in the sanctuary.

Lectionary Bible Study: meets every Tuesday at 2:30 pm in Brooks Hall. The class begins with a brief prayer and a reading of the Gospel lesson appointed for the coming Sunday.

Adult Choir: Adult choir practice is Sundays 12:30-1:30pm.

Children's choir rehearses on Wednesday after school. To enroll your child contact Wyatt Poe at: music@stmarkstpaul.org

Godly Play continues this Sunday at 9:45 am for children (3 years old through 5th grade).

Godly Play 1: Parable of the Great Pearl, Storyteller — Wendy Prothro Howard, Doorperson — Heidi Sohl

Godly Play 2: Parable of the Mustard Seed / Yeast, Storyteller — Barbara Prunty, Doorperson — Jenny Ramos

4th/5th: (Meets in 1st floor Brooks Hall) — Julia Bates, Matthew Mitchell

Youth Sunday School: (Meets upstairs in Brooks Hall).

Rite-13 and J2A: Young people in grades 6-10 are invited to participate in Rite 13 and Journey to Adulthood (J2A) on Sunday afternoons. Please contact Hilary Bogert Winkler (hbwchurch@gmail.com) for details.