

**Help build an Easter Meal “Basket” for a CAC family:**

CAC hopes to provide meal “baskets” for Easter to our CAC families, and we need your help to make it happen. CAC families will register to receive a meal “basket,” and we are asking our community members to create the “baskets” with all the necessary items for an Easter meal.

**HOW TO HELP:** Sign up to take a bag, and fill the bag with the required items listed below. If you would like to add additional items to the bag, please do so! When you return the filled bag, be sure to include the family size that the “basket” is meant for. Please return filled Easter “baskets” to CAC by **Wednesday, March 29th**. Contact Sarah at [cac@stmarkstpaul.org](mailto:cac@stmarkstpaul.org) or (757) 619-6548 with any questions.

**Home Communion** is available from the clergy and lay Eucharistic Visitors; please contact Deacon Betty Carpenter at [deacon@stmarkstpaul.org](mailto:deacon@stmarkstpaul.org).

**The mission of the Parish of St. Mark & St. Paul is**

to worship God,  
to proclaim the Good News of Jesus Christ,  
to serve the world for which Christ died,  
to educate and nurture our community,  
and welcome all.

**Staff**

The Rev. Robert C. Lamborn, D. Min., Rector, [rector@stmarkstpaul.org](mailto:rector@stmarkstpaul.org)

The Rev. Elizabeth Carpenter, Deacon, [deacon@stmarkstpaul.org](mailto:deacon@stmarkstpaul.org)

The Rev. Julianna Cappelletti Gray, Priest Associate, [giuliannagray@gmail.com](mailto:giuliannagray@gmail.com)

Frieda Hawkins, Parish Administrator, [admin@stmarkstpaul.org](mailto:admin@stmarkstpaul.org)

Kathy Sturgis, Organist, [music@stmarkstpaul.org](mailto:music@stmarkstpaul.org)

Jeannie Babb, Christian Formation Director [formation@stmarkstpaul.org](mailto:formation@stmarkstpaul.org)

Jan Stevens, Financial Assistant, [finance@stmarkstpaul.org](mailto:finance@stmarkstpaul.org)

Sarah Edmonds, CAC Director, [cac@stmarkstpaul.org](mailto:cac@stmarkstpaul.org).

Cara Kitzrow, Nursery Coordinator

**Vestry:**

Robin Bates, Christian Formation

Beth Chamberlain, CAC

Jay Fisher, Stewardship & Finance

Dorothy Gates, Univ./Community Relations

Diane Jones, Junior Warden

Kathryn Bruce, Clerk

Tom Phelps, Outreach beyond CAC

Lynn Stubblefield, Parish Life

Lynn Taylor, Senior Warden

Beth Wiley, Treasurer

Parish of St. Mark & St. Paul

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931-598-5926

[stmarkstpaul.org](http://stmarkstpaul.org)

—The Episcopal Parish of—

**St. Mark  
& St. Paul**

—On the Mountain—

**Fourth Sunday in Lent**

March 19, 2023

**The Holy Eucharist, Rite II**

*Masking is optional indoors according to the latest CDC level. (Low)*

*The 8:30 service is open to those who have been vaccinated for COVID;  
the 11:00 am service is open to all.*

*Rest rooms are available in Claiborne Parish House,  
the building directly behind the church.*

**Prelude**

**Hymn 493** (*blue book*) : “O for a thousand tongues to sing” (*Azmon*)

**Opening Acclamation & Collect for Purity** Prayer Book (red) page 355

**Kyrie eleison**, Hymnal S 86

**Collect of the Day** (*insert*)

**First Reading: 1 Samuel 16:1-13** (*insert*)

**Psalms 23** (*insert*)

**Second Reading: Ephesians 5:8-14** (*insert*)

**Sequence Hymn WLP 773** (*green book*): “Heal me, hands of Jesus” (*Sharpe*)

**Gospel: John 9:1-41** (*insert*)

**Sermon**

The Rev. Robert C. Lamborn

**The Nicene Creed**

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**Prayers of the People, Form V**

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**Confession of Sin**

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**The Peace**

page 360

## Announcements

**Offertory Hymn 144:** “Lord Jesus, Sun of Righteousness” (*Cornhill*)

**The Great Thanksgiving** (Eucharistic Prayer 1) (*grayinsert*)

**Sanctus** Hymnal S 124

**The Lord’s Prayer** (Contemporary)

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins	as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.
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**At the Breaking of the Bread:** Hymnal S 161

**Communion of the People** *All baptized Christians are welcome to receive Communion. Anyone may come forward to receive a blessing, indicated by crossing your arms across your chest. Gluten-free wafers are available; simply ask the priest. The consecrated wine is available from the common cup or a chalice to share within your household.*

**Sending Forth of Eucharistic Visitors** (*when needed*)

(*in unison*) In the name of this parish, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ’s body and blood. We who are many are one body, because we all share one bread, one cup.

**Postcommunion Prayer**

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**Hymn 567:** “Thine arm, O Lord, in days of old” (*St. Matthew*)

**Prayer over the People**

**Dismissal**

**Postlude**

**Vestry of the Day**—Beth Wiley

**Altar Guild**—Robin Bates, Beth Wiley

**Bread Baker**— Jim Pappas

**Tellers**—Mamie O’Neal, Rachel Lynch

**Coffee Hour**—

**8:30 am service**

**Server** — Robin Bates

**Chalice Bearer**— Robin Bates

**Readers** – Robin Bates, John Reishman

**Intercessor**— Beth Wiley

**Acolytes**—

**Usher(s)** -- Ann & Doug Seiters

**11:00 am service**

Julia Bates

Julia Bates

Jay Fisher, Mary Ming Lynch

Rachel Lynch

Jamie Pappas, Nora Jane Elrod

Jay Fisher, Rachel Lynch

**Anglican Cycle of Prayer:** the Anglican Church of Southern Africa

**Diocesan Cycle of Prayer:** St. Bede’s Church, Manchester

**Prayer Requests:** Ellen Armentrout, David Baker, Paul Cahoon, Bill Davis, Margaret Edsall, Sue Hawkins, Carl P. Hill, David Kearley, Pat Kirby, Mollie McMurry, Dixon Myers, Tom Papura, Evelyn Raines, George Ramseur, Lynn Stubblefield, Freddie Tucker, Gretchen Tucker, those suffering from COVID-19, the people of Ukraine, the people of Turkey and Syria.

**Birthdays:** Celebrating the birth of Gabriel Charbel Prunty

The **Stewardship Committee** wishes to thank everyone who has pledged for 2023. We are off to a great start! If you haven't returned a pledge card yet, it is never too late. We'd love to have your support.

**8:30 am Holy Eucharist in the church** for those that have been vaccinated. **The 8:30 am service is also livestreamed** on our [Facebook page](#) and remains available there afterward. **11:00am Holy Eucharist** open to all.

**Connections Winter Book Study:** All parents and caregivers are warmly invited to join us for conversation on Sunday mornings, 9:45-10:45 in Brooks Hall. We are reading Brené Brown’s book, “The Gifts of Imperfection.” Contact Julianna Cappelletti Gray, Priest Associate, for more information.

**Youth Sunday School: 9:45-10:45am** on the upstairs porch of Brooks Hall and/or in the upstairs youth room.

**Godly Play for Children:** Two Montessori-based classes meet 9:45-10:45am in the Godly Play rooms. Masking is optional.

**The Sunday Forum – 9:45 –10:45, Kennerly Hall.** This Sunday the Rev. Dr. Amy Bentley Lamborn presents “When Religious Community Becomes Toxic.” Amy will talk about scapegoating, malignant narcissism, and bystander guilt, especially as relates to church and religious communities. Amy is the Vicar of the Southeast Tennessee Episcopal-Ministry (STEM). She holds degrees from Union University, the School of Theology of the University of the South, and Union Theological Seminary in New York City. Amy is a certified Jungian psychoanalyst and the author of numerous publications.

**Nursery services:** Infants and toddlers through three year olds are invited to gather on the playground to form relationships with one another and have fun on Sunday mornings from 8:30 to noon. The nursery will be held at the playground of St. Mark and St. Paul, or in the child care classroom at the lower level of Claiborne Hall.

**A Practical Christianity’ Book Discussion** St. Mark & St. Paul will host mediations for the Season of Lent 5:30–7:30 p.m., Wednesdays through March 29, in Kennerly Hall. A light supper is served at 5:30 p.m., and discussion of the book “A Practical Christianity” begins at 6 p.m.

Author Jane Shaw’s book challenges readers to take up practical Christianity, proposing Christian faith as something we do, not merely believe in. The starting point for Christianity lies within its practice, says the author. The book samples fiction, poetry, art and music, combined with the wisdom of scripture and theology, to help pilgrims make sense of faith in the context of everyday life.

**CAC serves those in need** with food and in other ways 9 to 11am, Monday through Friday. Please call 931-598-5927.