

The mission of the Parish of St. Mark & St. Paul is
to worship God,
to proclaim the Good News of Jesus Christ,
to serve the world for which Christ died,
to educate and nurture our community,
and welcome all.

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The Fifth Sunday after Trinity
July 5, 2026

Welcome to this service of worship!

*Restrooms are available in Claiborne Parish House, the building directly behind the church.
Nursery care is available during the 10am service (more information in Announcements).*

The Order for the Administration of The Lord’s Supper
or Holy Communion

The Episcopal Church is the successor to the Church of England in the American colonies. After the United States declared independence, our church had difficult choices to make. Up to then, clergy were required to swear loyalty to the British monarch. Services in the then-current Book of Common Prayer stipulated prayers for him. Some colonial Anglicans--lay and clergy--remained loyal to the king, while others supported the cause of independence.

July 4, 1776 was a Thursday. Before Sunday, July 7, bodies such as the Virginia House of Burgesses and the Vestry of Christ Church in Philadelphia adopted resolutions to alter a number of prayers, mostly to omit reference to the King, substituting "rulers" or "magistrates."

Communication was slow in colonial America, and the colonies less than fully united, so it would have taken time for these changes to have been adopted widely. Today’s service seeks to follow reasonably closely practices in the new United States shortly after the Declaration of Independence. On Sundays the service of Morning Prayer, plus the Great Litany, would have preceded, adding greatly to the length of Sunday worship. Communion itself would have been celebrated roughly quarterly, and on other Sundays the service would have ended around the conclusion of the Offertory.

Voluntary *Voluntary No. 6 in D Minor* William Walond (c.1725-1770)

Hymn

1 A - wake, my soul, and with the sun thy dail - ly stage of
2 Lord, I my vows to thee re - new; dis - perse my sins as
3 Di - rect, con - trol, sug - gest, this day; all I de - sign, or
4 Praise God, from whom all bles - sings flow; praise him, all crea - tures

du - ty run; shake off dull sloth, and joy - ful
Morn - ing dew; guard my first springs of Thought and
do, or say; that all my Pow'rs, with all their
here be - low; praise him a - bove, ye heav'n - ly

rise to pay thy morn - ing sac ri - - fice.
Will, and with Thy self my Spi rit fill.
might, in Thy sole Glo - ry may u - nite.
host: praise Fa - ther, Son, and Ho ly - Ghost.

Words: Thomas Ken (1637-1711)
Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt;
harm. after Louis Bourgeois (1510?-1561)

The people kneel as able.
Priest: OUR Father which art in heaven, Hallowed be thy Name, Thy kingdom
come, Thy will be done, in earth as it is in heaven. Give us this day our daily
bread; And forgive us our trespasses, As we forgive them that trespass against us;
And lead us not into temptation, But deliver us from evil. *Amen.*

Larger parish churches in the North American colonies and nascent United States – places like Providence, New York, Philadelphia, Annapolis, Williamsburg, New Bern, and Charleston – increasingly had church organs and organists, and began to collect music for their congregations to sing; hymn collections specifically for use in Episcopal congregations began to appear as well, including a few items that have continued all the way down to our current *Hymnal*, such as the setting of the *Gloria in excelsis Deo* at S-204.

Singing the words and tunes that our forbears in the faith sang reminds us of that great cloud of witnesses, those on whose prayerful shoulders we stand, who have gone before us, and whom we join as we gather around God’s table, as well as those who will follow after. When we sing and pray in this way, we’re reminded that the communion of saints is so much larger than our own immediate experience. While the specific ways that we’re singing and accompanying the hymns might have shifted some over the centuries, the intent and fervor is exactly the same: lifting voices together in song, in praise and thanksgiving to God, with words and tunes that have been gifted to us.

From Dr. Mark Ardrey-Graves

One of the great revelations of worshiping according to the forms and structures of earlier generations of Christians (and Episcopalians) is that it can teach us quite a bit not only about our ancestors in the faith, but also about *ourselves* – our own assumptions, expectations, preferences, and even biases that otherwise might go completely unconsidered or unexamined. And few dimensions of our Common Prayer worship accentuate this so much as does our *sung* worship. In considering music that would be historically appropriate to include – and where to include it – for a Prayer Book service of Holy Communion as it might have been celebrated in 1776, my task became, ironically perhaps, less about *what* to sing and more about what *not* to sing. But in so doing, it was a fantastic reminder of just what a treasure trove our *Hymnal 1982* continues to be.

Until the decades immediately prior to the Revolutionary period of the 1770s and 1780s, nearly all singing in Anglican parish churches consisted of *metrical psalmody* from the collections of Sternhold & Hopkins (the "Old Psalter," dating to the Elizabethan period) and Tate & Brady (the "New Psalter," dating to the 1690s). A few places would also have carried on the practice of very simple intoning of chant, usually on a single pitch to help carry the sound in larger rooms during the age before electrical amplification. Cathedrals were a little different, but of course there were no cathedrals in North America until the 19th century! During the second quarter of the 18th century, there was something of an explosion of hymn writing in English, thanks to the genius of writers such as Isaac Watts (a Nonconformist) and Charles Wesley (an Anglican); the Church during these decades also began to loosen its restrictions on congregational singing for Prayer Book worship. This is also the period when what we now call "Anglican Chant" entered its maturity, and was sung not only by cathedral choirs, but also by congregations on both sides of the Atlantic.

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. *Amen.*

Minister. GOD spake these words, and said; I am the Lord thy God: Thou shalt have none other gods but me.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth. Thou shalt not bow down to them, nor worship them. For I the Lord thy God am a jealous God, and visit the sins of the fathers upon the children unto the third and fourth generation of them that hate me, and shew mercy unto thousands in them that love me and keep my commandments.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Thou shalt not take the Name of the Lord thy God in vain: for the Lord will not hold him guiltless, that taketh his Name in vain.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Remember that thou keep holy the Sabbath day. Six days shalt thou labour, and do all that thou hast to do; but the seventh day is the Sabbath of the Lord thy God. In it thou shalt do no manner of work, thou, and thy son, and thy daughter, thy man-servant, and thy maid-servant, thy cattle, and the stranger that is within thy gates. For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the seventh day, and hallowed it.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Honour thy father and thy mother; that thy days may be long in the land which the Lord thy God giveth thee.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Thou shalt do no murder.
People. Lord, have mercy upon us, and incline our hearts to keep this law.
Minister. Thou shalt not commit adultery.
People. Lord, have mercy upon us, and incline our hearts to keep this law.
Minister. Thou shalt not steal.
People. Lord, have mercy upon us, and incline our hearts to keep this law.
Minister. Thou shalt not bear false witness against thy neighbour.
People. Lord, have mercy upon us, and incline our hearts to keep this law.
Minister. Thou shalt not covet thy neighbour’s house, thou shalt not covet thy neighbour’s wife, nor his servant, nor his maid, nor his ox, nor his ass, nor any thing that is his.
People. Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

Priest Let us pray.
ALMIGHTY and everlasting God, we are taught by thy holy Word, that the hearts of all Rulers are in thy governance, and that thou dost dispose and turn them as it seemeth best to thy godly wisdom: We humbly beseech thee so to dispose and govern the hearts of all the Magistrates of this Nation, that in all their thoughts, words, and works, they may ever seek thy honour and glory, and study to preserve thy people committed to their charge, in wealth, peace and godliness: Grant this, O merciful Father, for thy dear Son’s sake, Jesus Christ our Lord. *Amen.*

Priest Grant, O Lord, we beseech thee, that the course of this world may be so peaceably ordered by thy governance, that they Church may joyfully serve thee in all godly quietness; through Jesus Christ our Lord. *Amen.*

Epistle: Romans 7:15-22a
For that which I do I allow not: for what I would, that do I not; but what I hate,

The arrangement at the altar today is given to the greater glory of God by Ned and Lucy Murray to honor for the founding of the United States of America and in thanksgiving for Evie and Brown Patterson with love by their children and grandchildren.

We welcome guest organist Dr. Mark Ardrey-Graves, Assistant Professor of Church Music at the School of Theology, and assisting clergy Mr. Scott Lee, retired priest of the Diocese of Connecticut (8:30 am), and Mr. Nicholas I. Phares, Chaplain St. Andrews-Sewanee School (10 am).

Thanks for assistance and support planning this service go to Dr. Hilary Bogert - Winkler, Assistant Professor of Liturgy at the School of Theology.

Altar Guild -- Lynda Gotko, Dorothy Gates
Bread Baker -- Andrea Richaud
Tellers -- Mary Priestley, Beth Wiley
Flowers — Wendy Howard
Coffee Hour — Lucy Murray

8:30 service	10:00 service
Vestry — Paul Richaud	
Usher(s) -- John Solomon	Betty Barton & Jimmy Blythe

Anglican Cycle of Prayer: The Anglican Church of South America
Diocesan Cycle of Prayer: All Committees & Comissions of the Diocese Tennessee

Prayer Requests: Nancy Burnett, Camilla, Edward Curry, Brady Hall, Emily Hauze, Frieda Hawkins, Kim Heitzenrater, Phebe Hethcock, Rebecca Gayle Howell, Mike Jones, Duane, Brenda Matthews, Mike Mattei, Greg McNair, Rick Reuhling, Doug Seiters, Isaiah Shelby, Gene and Lynda Stephenson, Lynn Stubblefield, Evelyn Taylor, Freddy Tucker, and those who are suffering the effects of war or violence.

Birthdays: Larry Wilson, Baird Smith, and Andrea Richaud.
Thanksgiving: for our youth on a mission trip to serve residents of Buchanan County, Virginia

pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. *Amen.*

Glory be to God on high Hymnal, S204

Priest THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. *Amen.*

Hymn 680 O God our help in ages past *St. Anne*

Voluntary *Voluntary No. 6 in D Minor* William Walond (c.1725- 1770)

that do I.
If then I do that which I would not, I consent unto the law that it is good. Now then it is no more I that do it, but sin that dwelleth in me.
For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not. For the good that I would I do not: but the evil which I would not, that I do.
Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me.
I find then a law, that, when I would do good, evil is present with me. For I delight in the law of God after the inward man:
But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. O wretched man that I am! who shall deliver me from the body of this death?
I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin.

Gospel: Matthew 11:16-19, 25-30
But whereunto shall I liken this generation? It is like unto children sitting in the markets, and calling unto their fellows,
And saying, We have piped unto you, and ye have not danced; we have mourned unto you, and ye have not lamented.
For John came neither eating nor drinking, and they say, He hath a devil.
The Son of man came eating and drinking, and they say, Behold a man gluttonous, and a winebibber, a friend of publicans and sinners. But wisdom is justified of her children.
At that time Jesus answered and said, I thank thee, O Father, Lord of heaven and earth, because thou hast hid these things from the wise and prudent, and hast revealed them unto babes.
Even so, Father: for so it seemed good in thy sight.
All things are delivered unto me of my Father: and no man knoweth the Son, but the Father; neither knoweth any man the Father, save the Son, and *he* to whomsoever the Son will reveal *him*.
Come unto me, all *ye* that labour and are heavy laden, and I will give you rest.
Take my yoke upon you, and learn of me; for I am meek and lowly in

heart: and ye shall find rest unto your souls.
For my yoke *is* easy, and my burden is light.

Nicene Creed

I BELIEVE in one God the Father Almighty, Maker of heaven and earth,
And of all things visible and invisible:
And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his
Father before all worlds, God of God, Light of Light, Very God of very God,
Begotten, not made, Being of one substance with the Father, By whom all
things were made: Who for us men and for our salvation came down from
heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was
made man, And was crucified also for us under Pontius Pilate. He suffered
and was buried, And the third day he rose again according to the Scriptures,
And ascended into heaven, And sitteth on the right hand of the Father. And
he shall come again with glory to judge both the quick and the dead: Whose
kingdom shall have no end.
And I believe in the Holy Ghost, The Lord and giver of life, Who
proceedeth from the Father and the Son, Who with the Father and the Son
together is worshipped and glorified, Who spake by the Prophets. And I
believe one Catholick and Apostolick Church. I acknowledge one Baptism
for the remission of sins. And I look for the Resurrection of the dead, And
the life of the world to come. *Amen.*

Announcements

Hymn 404 “We will extol you, ever-blessed Lord” *Old 124th*

Sermon Dr. Lamborn

Hymn 526 “Let saints on earth in concert sing” *Dundee*

Offertory (*Sentences of Scripture are read.*)

Presentation of Food for the Community Action Committee
V. The eyes of all wait upon thee, O Lord;

At Communion *A Voluntary upon the 100th Psalm Tune*

Henry Purcell (1659-1695)

Then shall the Priest say the Lord's Prayer, the people repeating after him every petition.

OUR Father, which art in heaven,
Hallowed be thy Name,
Thy kingdom come,
Thy will be done, in earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses,
As we forgive them that trespass against us;
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom, the power, and the glory,
For ever and ever. Amen.

Priest O LORD and heavenly Father, we thy humble servants entirely
desire thy fatherly goodness mercifully to accept this our sacrifice of
praise and thanksgiving; most humbly beseeching thee to grant, that by
the merits and death of thy Son Jesus Christ, and through faith in his
blood, we and all thy whole Church may obtain remission of our sins, and
all other benefits of his passion. And here we offer and present unto thee,
O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and
lively sacrifice unto thee; humbly beseeching thee, that all we, who are
partakers of this holy Communion, may be fulfilled with thy grace and
heavenly benediction. And although we be unworthy, through our
manifold sins, to offer unto thee any sacrifice, yet we beseech thee to
accept this our bounden duty and service; not weighing our merits, but

Priest, in the name of all them that shall receive the Communion

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. *Amen.*

Priest ALMIGHTY God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again: Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood: who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all of this; for this is my Blood of the New Testament, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. *Amen.*

R. And thou divest them their meat in due season.

Let us pray (in unison): Almighty God, we offer this food in obedience to thy command that we love our neighbors as ourselves, and that together we may know the fruits of faith, hope, and charity. Grant that as bodies are fed, so might spiritual hunger be satisfied as well through thy Son Jesus Christ, who is the Bread of Life. *Amen.*

Priest Let us pray for the whole state of Christ's Church militant here in earth. ALMIGHTY and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks, for all men: We humbly beseech thee most mercifully [*to accept our alms and oblations, and] to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: And grant, that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity, and godly love. We beseech thee also to save and defend all Christian Rulers; that under them we may be godly and quietly governed: And grant unto the Congress, and to all that are put in authority under them, that they may truly and indifferently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue. Give grace, O heavenly Father, to all Bishops and Curates, that they may both by their life and doctrine set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments: And to all thy people give thy heavenly grace; and specially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life. And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity. And we also bless thy holy Name for all thy servants departed this life in thy faith and fear; beseeching thee to give us grace so to follow their good examples, that with them we may be partakers of thy heavenly kingdom: Grant this, O Father, for Jesus Christ's sake, our only

Mediator and Advocate. *Amen.*

There followed a lengthy exhortation on worthy reception of the Sacrament.

Priest YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Minister, in the name of all those that are minded to receive the holy Communion, both kneeling humbly upon their knees [as able]

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and bewail our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. *Amen.*

Priest ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. *Amen.*

Priest Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

COME unto me all that travail and are heavy laden, and I will refresh you. *St. Matthew 11.28*

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *St. John 3.16*

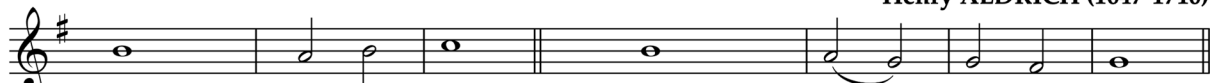
Hear also what Saint Paul saith.
This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners. *1 St. Timothy 1.15*

Hear also what Saint John saith.
If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins. *1 St. John 2.1*

Priest. Lift up your hearts.
Answer. We lift them up unto the Lord.
Priest. Let us give thanks unto our Lord God.
Answer. It is meet and right so to do.

Then shall the Priest turn to the Lord's Table and say,
IT is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.
THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

Henry ALDRICH (1647-1710)



Holy, holy, holy, Lord God of hosts; heaven and earth are full of thy glory:



Glory be to thee, O Lord most High. A - men.

Announcements

Sunday the Holy Eucharist is celebrated at 8:30 and 10am. The 10am service will be livestreamed on our Facebook page and remains available there. Today we will celebrate both 8:30 and 10:00 services as similarly as practical to what would have taken place in churches in the early days of independence.

Nursery Services: During June and July nursery services will only be available at the 10am service. Infants and toddlers through three years old are invited to gather on the playground or downstairs in Claiborne Hall. Cara Kitzrow will be supervising the nursery.

Morning and Evening prayer services: are held at 8:30 and 4:45pm, Monday through Thursday in the sanctuary.

Sunday July 5 is CAC Pantry Sunday: To continue serving our neighbors, CAC is in need of skillet dinners, Spam, sugar, granola bars, laundry detergent, dish soap for this month's Pantry Sunday collection. The Community Action Committee is more than a food pantry as it strives to meet the basic human needs of those living in crisis in and around Sewanee. Neighbors can visit Monday through Friday, 9:00 AM to 11:00 AM to receive weekly groceries and inquire about assistance with utility expenses. To learn more about CAC services, call (931) 598-5927.



YOUTH GROUP FUNDRAISER



This year, we will be working with Appalachia Service Project in Buchanan County, Virginia. We've got 18 youth and 6 adult chaperones ready to go, and we're looking forward to a great week of service, growth, and fun. That said, we are still working on raising funds to support the trip. The van rentals alone cost almost \$3000, and adult registrations run \$1800, so every bit we can raise helps to offset these costs.

We invite you to support this transformative experience for so many youth. This QR code will take you to the SMSP giving page. Use the drop down menu directly below the dollar amount to designate your donation for the Youth Group.



July Book Study -- The Little Prince by Antoine de Saint-Exupéry



Study led by Jeannie Babb

Tuesdays 5:30-6:30 in Brooks Hall beginning July 7

Please bring a drink or snack to share.

Do you have a book you buy any time you come across it in used books? The Little Prince is one of mine. The themes are deep and symbolic without (I would argue) straight-up allegory. The simple, poetic writing invites contemplation. Join me for a journey with the Little

Prince and his pilot friend as they consider wisdom, folly, and true friendship.

Altar Flower Donations: There are several open dates for the donation of altar flowers to honor a family member, deceased loved one, or a community member or group. Available dates are *August 24 and August 31*. If you are interested in donating, please email Cheryl Lankhaar, Altar Flower Coordinator at cheryllankhaar@gmail.com to confirm your donation. Altar Flower Donations are \$50.



Centering Prayer Group: Mondays at 7pm and Tuesdays at 2:30pm, both in the sanctuary.

Lectionary Bible Study: meets every Tuesday at 3:30 pm in Brooks Hall. The class begins with a brief prayer and a reading of the Gospel lesson appointed for the coming Sunday.