

The mission of the Parish of St. Mark & St. Paul is
to worship God,
to proclaim the Good News of Jesus Christ,
to serve the world for which Christ died,
to educate and nurture our community,
and welcome all.

Staff

The Rev. Robert C. Lamborn, D. Min., Rector, rector@stmarkstpaul.org
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Vestry:

Chris Asmussen ('28), <i>Jr. Warden</i>	Julia Bates ('28), <i>Finance & Hildegard Guild</i>
Kathryn Bruce ('27), <i>Evangelism & Communication</i>	John Gatta ('26), <i>Sr. Warden</i>
Cheryl Lankhaar ('27), <i>Parish Life</i>	Rachel Lynch ('27), <i>UoS. & Comm. Relations</i>
Neil Patterson ('26), <i>Christian Formation</i>	Mary Priestley ('26), <i>CAC</i>
Paul Richaud ('28), <i>Stewardship</i>	

Andrea Sanders, *Clerk*
Beth Wiley, *Treasurer*

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The Tenth Sunday after Pentecost

August 2, 2026

Welcome to this morning's service of worship!

Restrooms are available in Claiborne Parish House,
the building directly behind the church.

Nursery care is available (more information in Announcements).

The Holy Eucharist, Rite II

Prelude All glory be to God on high (H 421 Allen Hott in der Hoh sei Ehr) Craig Phillips

Hymn 51 (*blue book*): “We the Lord’s people, heart and voice uniting” Decatur Place

Opening Acclamation and Collect for Purity Prayer Book (*red*) page 355

Song of Praise: S280

Collect of the Day (*insert*)

First Reading: Genesis 32:22-31 (*insert*)

Psalms 17:1-7, 16 (*insert*)

Second Reading: Romans 9:1-5 (*insert*)

Sequence Hymn 536: “God has spoken to his people” Torah Song

Gospel: Matthew 14:13-21 (*insert*)

Sermon The Rev. Robert C. Lamborn

The Nicene Creed page 358

Prayers of the People Form VI page 392

The Peace

Announcements

Offertory Hymn WLP *(green book)* **761:** “All who hunger gather gladly” *Holy Manna*

Presentation of Food for the Community Action Committee

V. The eyes of all wait upon you, O Lord;
R. And you give them their food in due season.
Let us pray (in unison): Almighty God, we offer this food in obedience to your command that we love our neighbors as ourselves, and that together we may know the fruits of faith, hope, and charity. Grant that as bodies are fed, so might spiritual hunger be satisfied as well through your Son Jesus Christ, who is the Bread of Life. AMEN.

The Great Thanksgiving (Eucharistic Prayer A) Page 361

Sanctus: WLP 858

The Lord’s Prayer (Contemporary)

Our Father in heaven,	as we forgive those
hallowed be your Name,	who sin against us.
your kingdom come,	Save us from the time of trial,
your will be done,	and deliver us from evil.
on earth as in heaven.	For the kingdom, the power,
Give us today our daily bread.	and the glory are yours,
Forgive us our sins	now and for ever. Amen.

Fraction Anthem: S155

Communion of the People:

All baptized Christians are welcome to receive Communion. Anyone may come forward to receive a blessing, indicated by crossing your arms across your chest. Gluten-free wafers are available; simply ask the priest.

Sending Forth of Eucharistic Visitors *(when needed)*

(in unison) In the name of this parish, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ’s body and blood. We who are many are one body, because we all share one bread, one cup.

Postcommunion Prayer page 365

Hymn 680: “O God, our help in ages past” *St. Anne*

Blessing

Dismissal

Postlude

The arrangement at the altar today is given to the greater glory of God by Janet Cooper in loving memory of her father, Terry Holmes.

Please welcome our new organist/choir director Dawn Seidenschwarz. She comes to us from Nashville, where she was Organist/Choir Director from 2009 through July 2026 for the traditional service at Our Savior Lutheran Church, and Accompanist at Saint Cecilia Academy from 2001. Dawn was Choir Organist at the Cathedral of the Incarnation from 2012 through 2025. Dawn is delighted to begin work toward a Master’s in Liturgy and Church Music at the School of Theology this fall, and is looking forward to becoming a part of the community at St. Mark & St. Paul.

Altar Guild — Robin Bates, Lynda Gotko

Bread Baker — Andrea Sanders

Tellers — Kathryn Bruce, Beth Wiley

Flowers — Virginia Curry

Coffee Hour — Cara & Everest Kitzrow

8:30 service

Vestry — Mary Priestley

Server — Will Mahler

Chalice Bearer — Alec Moseley

Readers — Mary Priestley, Sue Moseley

Intercessor — Robin Bates

Acolytes —

Usher(s) -- Mary Priestley

10:00 service

Kathryn Bruce

Jaxon Rudder

Julia Bates

Alex Bruce, Kathryn Bruce

Beth Wiley

Theo Leffler-Mitchell

Betty Barton & Jimmy Blythe

Anglican Cycle of Prayer: The Church of the Province of Uganda

Diocesan Cycle of Prayer: The Diocesan Youth

Prayer Requests: Betty Barton Blythe, Nancy Burnett, Camilla, Edward Curry, Brady Hall, Emily Hauze, Frieda Hawkins, Kim Heitzenrater, Phebe Hethcock, Rebecca Gayle Howell, Mike Jones, Duane, Mary Ming Lynch, Brenda Matthews, Mike Mattei, Greg McNair, Susan Pontak, Rick Reuhling, Doug Seiters, Isaiah Shelby, Lynda Stephenson, Lynn Stubblefield, Evelyn Taylor, Freddy Tucker, and those who are suffering the effects of war or violence.

Birthdays: Tom Ward, Loulie Frazier, Greg Maynard, Wes Carpenter, and Leah Rhys

Departed: Aidan McGrath Smith

Announcements

Sunday the Holy Eucharist is celebrated at 8:30 and 11am. The 11am service will be livestreamed on our Facebook page and remains available there.

Nursery Services: During June and July nursery services will only be available at the 10am service. Infants and toddlers through three years old are invited to gather on the playground or downstairs in Claiborne Hall. Cara Kitzrow will be supervising the nursery.

Morning and Evening prayer services: are held at 8:30 and 4:45pm, Monday through Thursday in the sanctuary.



Sunday August 2 is CAC Pantry Sunday. In July, CAC distributed food to 133 households, reaching approximately 348 neighbors. To continue serving our neighbors, CAC is in need of individual snacks, granola bars, apples, macaroni & cheese, toilet paper, and toiletries (shampoo, soap, deodorant) for this month's Pantry Sunday collection. The Community Action Committee is more than a food pantry as it strives to meet the basic human needs of those living in crisis in and around Sewanee. Neighbors can visit Monday through Friday, 9:00 AM to 11:00 AM to receive weekly groceries and inquire about assistance with utility expenses. To learn more about CAC services, call (931) 598-5927.

Important Fall Firsts – 2026

In August we resume our regular schedule:

8:30 First Service
9:45 Sunday School*
11:00 Second Service
Nursery 8:20-12:00

**Start dates vary, see below*

Aug 2 – Children's Sunday School begins

Aug 9 – Back to School Blessing during both services
(Students of all ages, bring your backpack or satchell!)
Ice Cream Party on the playground after 2nd service

Aug 12 – (Wed.) Children's Choir Practice begins

Aug 23 – Fall Kick-off:

Youth Sunday School begins (Brooks Hall)
Sunday Forum begins
Welcome Picnic after Second Service
Rite 13 & J2A begin (Sunday afternoons)



August Book Study – Stronger than You Think: Building Lifelong Resilience

by Sherry Hamby

Tuesdays Aug 4-25, 5:30-6:30 in Brooks Hall

Please bring a drink or snack to share.

"We've never been in greater need of resilience. We've also never misunderstood it more."

At one point or another, life will break us open. This is when we need resilience most—but as psychologist Dr. Sherry Hamby reveals, many of us are going about it the wrong way. Resilience isn't something you either have or don't. Instead, it is a modifiable process—meaning anyone can learn, practice, and benefit from it across every stage of life."

On the final night (August 25th) we will be joined by the author herself. Get your copy of the book now, and join us in August for an enriching experience.

EfM Path: registering now: To join our seminar, simply use our cohort registration link: https://engage.theology.sewanee.edu/register/participant_registration_form?form_group_id=5554



Bishop Deon Johnson's essays as the Spiritual Sojourner for EfM Path 26–27: *Following Jesus* views discipleship as a life shaped by love, community, and a commitment to justice. His compelling texts emphasize that following Jesus begins with curiosity, grows through vocation and is sustained through community, worship, and shared practices. It moves beyond personal faith into active participation in God's work of liberation, calling believers to embody love, confront injustice, and become sources of hope, healing, and transformation in the world. For questions contact Wendy Prothro Howard at: wendyprothrohoward@gmail.com

Calling Sewanee's Senior Community Members: Help us welcome some of Sewanee's newest students with lunch, fun games, and stories about Sewanee! We would love for them to hear why you love Sewanee and what makes this place so special! Friday August 21st, 11:30am, Sewanee Senior Center, 5 Ball Park Rd. RSVP to 931-598-0771 no later than Wednesday August 19th. Suggested lunch donation \$5.

The platform under the lectern has been removed on a trial basis to improve accessibility for readers. If you have any thoughts (from the perspective of reader or person in the pew) before a longer-term decision is made, please email Rob at rector@stmarkstpaul.org by August 10.

